

Entrance charges

Adults £6.00

Seniors £5.50
(60 yrs+)

Family £15.00

(2 adults and up to 4 children)

Children £2.50

(3 - 16 yrs)

Why not take out a **Friends Membership?** £22 per person, or a Family Membership is £48 and includes two adults and up to four children under 17 years old. Visit as many times as you like whilst we are open this season.

Email: john@bluebellwalk.co.uk or tel: 01323 485151

Come and support your favourite charity

You can visit Bates Green Farm without having to pay to go on the Bluebell Walk.

It is free to visit the Bluebell Barn where you can purchase refreshments supplied by the Duty Charity on a daily basis:

- Delicious cakes, biscuits and buns
- Variety of drinks
- Soup, sandwiches, salads and filled jacket potatoes
- The Duty Charity's Special Dish of the Day
- Cream Teas

Plus you can look round the Plant Stall run by Arlington Church, the card & gift stall run by Hailsham Old Pavilion Society and browse the second hand bookstall run and maintained by Action for Medical Research. Also see the Pygmy Goats & their kids, Kerry Hill ewes with their lambs, and two pigs. You can then decide to pay the entrance charge to walk around the Bluebell Walk and Farm Trails.

Ways to improve your wellbeing!

Studies have proven that immersing yourself in a tranquil ancient wood like Beatons Wood is a great stress reliever, boosting your mood and helping to put things into perspective. In Japan strolling through woodland, absorbing the smells, sounds and sights is known as *Shinrin-Yoku* or Forest Bathing, for better health, happiness and a sense of calm.

Visit us online to see the latest news



Since 1972 we have raised
£1,191,798
for 76 local charities

How to get here

Public Transport

3 miles (5km) from nearest bus stops at Hailsham or Wilmington and train stations at Polegate or Berwick.

Taxis

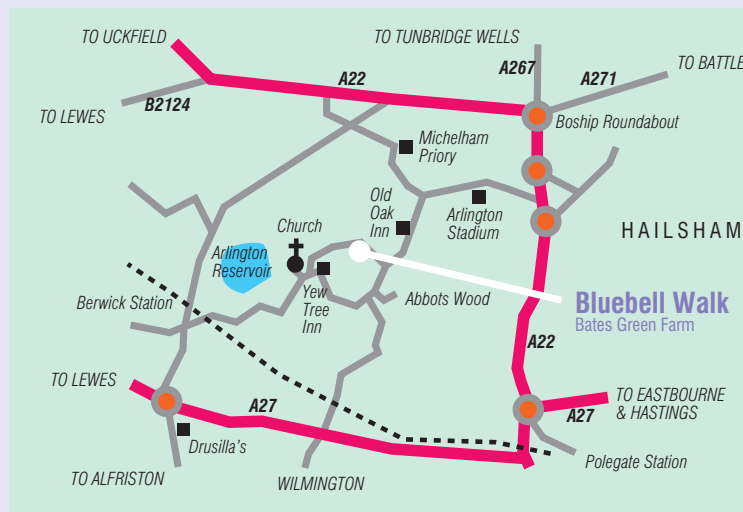
Hailsham 01323 844464 Polegate 01323 484444

By Car

Follow the large brown & white signs off the A22 and A27, marked Bluebell Walk & Farm Trail to a large free car park.

Electric charging points near us

www.zap-map.com/locations/hailsham-charging-points



Bates Green Farm
Tye Hill Road
Arlington, Nr Polegate
East Sussex BN26 6SH

Tel: 01323 485151

Email: info@bluebellwalk.co.uk

www.bluebellwalk.co.uk



ARLINGTON BLUEBELL WALK & FARM TRAILS

2020

9th April - 17th May

Open Daily

10.00 am - 5.00 pm



Photo: Sally Spreyer



www.bluebellwalk.co.uk

This is what we offer when you visit



- **Free car parking** off-road in a large, level, grass field
- Designated **parking for disabled** close to farm entrance
- All **dogs welcomed**, but always on leads please
- A **detailed map** of the various Walks given at The Gate House
- One walk is through the **bluebells** in a 24 acre ancient oak wood
 - This walk is **gravelled for wheelchairs** and mobility scooters
 - There is **seating every 150 yards** to rest and admire the scenery
- **Six other walks** over farmland and access to two other farms
- **See cows being milked** 3.00pm to 5.00pm from a viewing gallery. Walking there and back is nearly 3 miles!
- Petting **animals area** adjacent to the Bluebell Barn
- **Mobility scooters available free** of charge (cannot be pre-booked)
- **Wheelchair accessible toilet** with modern facilities
- Every day a range of **refreshments** provided by the Duty Charity
- **Picnic tables** in a sheltered corner of the Car Park Field
- Browse the **Bluebell Walk Stall** run by H.O.P.S. volunteers
- Visit the **Book Room** managed by Action for Medical Research
- A **Plant Stall** organized by Arlington's Parish Church
- A **Sussex Trug Maker** will be demonstrating trug making, most weekends in the Millennium Avenue
- Enter our **Photographic Competition** to win a cash prize
- **Children's Quiz** available, answers found on boards around the Walks
- Friends of Arlington Bluebell Walk **season ticket** gives unlimited access whilst we are open this season
- **Memorial Glade** situated in the quiet area of Beatons Wood, to sit and remember those who are no longer here
- A **Memorial Book** with entries about loved ones who used to visit

Every spring Beatons Wood, our ancient oak wood, appears as:

- 1 A fresh green carpet of emerging bluebell leaves
 - 2 A white display of wood anemones *Anemone nemorosa*
 - 3 A unique view of green, white and blue as the english bluebells *Hyacinthoides non-scripta* emerge
 - 4 Followed by the many vistas of blue when the bluebells are fully out
- The timing of this sequence is dictated by the soil temperature, not by us! Every Friday we post an update on the home page of www.bluebellwalk.co.uk



www.bluebellwalk.co.uk

Dates and details of the participating charities 2020

Managing the Walks & Supplying the Refreshments

Children with Cancer Fund
Thursday 9 April



Upper Dicker Church & Village Hall
Tuesday/Wednesday 28/29 April



JPK Project Eastbourne



Good Friday/Saturday 10/11 April

Hellingly Primary School PTA



Thursday/Friday 30 April/1 May

Kent Surrey Sussex Air Ambulance



Easter Sunday/Monday 12/13 April

Cancer Research UK



Saturday/Sunday 2/3 May

Care for the Carers



Tuesday 14 April

Arlington Village Hall & Church



Monday 4 May

Cats Protection Eastbourne Adoption Centre



Wednesday 15 April

Hailsham Lions



Tuesday/Wednesday 5/6 May

Rotary Club of Seaford



Thursday/Friday 16/17 April

East Sussex Foster Care Association



Thurs/Fri (Bank Holiday) 7/8 May

Canine Partners



Saturday/Sunday 18/19 April

Arlington Village Hall & Church



Saturday/Sunday 9/10 May

Memory Lane Eastbourne



Monday 20 April

NSPCC



Monday 11 May

Demelza Hospice Care for Children



Tuesday/Wednesday 21/22 April

Chestnut Tree House children's hospice



Tuesday 12 May

Eastbourne Samaritans



Thursday/Friday 23/24 April

The Salvation Army



Wednesday 13 May

Rotary Club of Eastbourne AM



Saturday/Sunday 25/26 April

Carriage Driving for the Disabled



Thursday/Friday 14/15 May

Eastbourne Foodbank



Monday 27 April

Rotary Club of Hailsham



Saturday/Sunday 16/17 May

Others



Action Medical Research book room - every day



RSPB stall - weekends only



Arlington Church plant stall - every day



Hailsham Old Pavilion Society (HOPS) stall - every day



Sussex Wildlife Trust - weekends