

The text of these Walks leads you in a clockwise direction - Lengths shown are only approximate



The Blue Walk Circular walk of 800m/½mile in Beatons Wood. See carpets of white wood anemones (*anemone nemorosa*) followed by the bluebells (*hyacinthoides non-scripta*). Easy walking suitable for wheelchairs and mobility scooters. Takes ½ - 1 hour with many seats to sit and enjoy the views.



The White Walk Can be accessed from either the Upper or Lower Ponds and both routes lead you to gate **31**. You can take a shortcut along top of the Fish Pond. Continue through the gates **32**, **19** & **21**, but at gate **22** you can either descend the steps to gate **24** back to Beatons Wood, or follow a smoother path to gate **23**, then turn right in the field to gate **25** back to Beatons Wood. This walk is 1400m/1 mile.



The River Walk From marker **1**. Follow hedge line to marker **2**. Turn left to gate **3** then marker **4**, through copse planted in 1998 to marker **5**, along edge of field to gate **6**. Cuckmere River is on your left. At gate **7** can join Green Walk over bridge by marker **10**, or follow hedge to gate **8** then gate **9**. Turn right to marker **2** back to Beatons Wood via marker **1**, or turn left through gate **9**, where you then have four options: a) return to Beatons Wood via marker **32**, b) join Wild Garlic Walk across the narrow foot bridge to flexible stile **18**, c) join White Walk through gate **19**, d) join Green Walk following the Cuckmere River to bridge marker **10**. This walk is 2000m/1¼miles.



The Wild Garlic Walk Cross Cuckmere River by narrow footbridge to flexible stile **18**, children taking particular care. Through Winham Coppice where wild garlic plants (*Allium ursinum*) flourish, with strong scent when in flower. At flexible stile **17** either turn left joining Green Walk at gate **16** or walk towards Cuckmere River Bridge at marker **20**, joining White Walk at gates **21** or **19**, leading back to Beatons Wood. This walk is 300m/¼ mile.



The Green Walk To Parkwood Farm and watch cows being milked each day 3.00 to 5.00pm from viewing gallery. Join walk from gate **19** and follow river to gate **10** and onwards through gates **11** & **12**. Walk towards the large building then turn left following arrows to the Viewing Gallery **13**. Returning you can retrace your steps, or divert to gates **14** & **15**, back to White Walk via gates **16** and **20**. Portable toilet at Parkwood Farm. This walk is 2000m/1¼miles



The Red Walk To view the horses and young cattle at Primrose Farm, divert off Blue Walk to gate **30** across the field via **26** to Primrose Farm. You can retrace your steps, or continue along the Yellow Walk via gates **27**, **28** & **29** to Beatons Wood. This walk is 1200m/¾ mile



The Yellow Walk Start at gates **25** or **23** through **26** to Primrose Farm. Leave via **27** and enjoy the extensive views from this higher ground, then to **28** ending in Beatons Wood **29**. Back on the Blue Walk turn left and follow exit signs to the Gate House. This walk is 1000m/¾mile



HISTORY

In 1972 Park Mead, our local primary school, was fund raising. This was the spur to the opening of Beaton's Wood for a single weekend. We were then indebted to East Sussex County Council who, under their innovative scheme of encouraging farmers to open their farms to the public, provided expertise and support during the first 8 years in developing the Walks. We liaised with our neighbours at Parkwood and Primrose Farms, extending the walks over their land to incorporate the Farm Trail element. In 1981 Bates Green Farm was the national winner of the *Country Life* Farming & Wildlife Silver Lapwing Award for conservation.

In 1988 the new Arlington Village Hall was opened with financial help from the Arlington Bluebell Walk. In recognition of this two bunches of bluebells are depicted on the main Village Hall sign. Each year a range of local charities participate in the running of the Arlington Bluebell Walk and benefit financially by providing volunteers to ensure everything runs smoothly, no matter how large the crowd!

EMERGENCY CONTACT

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ARLINGTON BLUEBELL WALK

MAP & GUIDE



Photograph by Mary Mackins

This may help you enjoy your visit & be safe

- Please keep to the paths shown on this map
- Never touch electric fencing. Use the insulated gate handle to get past
- If you find a gate shut, ensure it is shut securely after you
- Be aware of barbed wire that forms part of a field fence
- Avoid badger and rabbit holes in your pathway
- Dogs on leads at all times to avoid disturbing wildlife
- Dog mess is unpleasant, so 'bag it & bin it' in the litter bins marked on this map
- Some dog mess may contain the parasite *Neospora caninum* which is known to cause abortion in cattle
- Enjoy our English countryside, but please inform us of any perceived hazards
- Ensure children wash their hands after seeing the animals in the petting barn



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